



# News & Views

JULY/AUGUST, 2017

*The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families.*

*The vision is that all children, adults and families in our service area have the opportunity to grow and develop to their full potential.*

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## From the Desk of the Executive Director

It is hard to believe that summer is half over. It seems like we were just cleaning up from our blizzard. This was a winter we will not soon forget. It was long, snowy and quite cold.

It continues to be an exciting time at the Agency. It is sometimes good exciting and other times scary exciting. After every election we are always left wondering what the future will hold, this past election was no different. We would be happy to just keep the status quo.

The Agency continues to have a very aggressive development program that includes fund raising, program development and expansion in general. We have changed some of our fund raising events and we hope they will develop into something very special.



*Darrell Newvine*  
*Family Enrichment Network*

The area provided continued growth in service to adults with disabilities. The system is developing and rapidly changing because the need is there. We have several more opportunities in the works within this program.

It hard to believe that we have grown out of Cherry Street. It is even harder to believe that we have started moving some of our programs back to Fayette Street where we were for years. We look forward to maintaining our Developmental Disability program there and adding some

classrooms in the future.

We are looking at some county programs that will improve service to the child care community and some cooperative housing opportunities with the city and county. We cannot assume that our current programs will continue to be funded. We must diversify.

We are also in the process of updating our Agency Strategic Plan. That should be complete by the fall. If there is something we are doing well, tell us. If there is something we could do different or better tell us. Our sole purpose here is to meet your needs and community needs. Please help us do that.

## Fatherhood by the Numbers



*The New Pathways for Fathers Program* has been serving families in Broome and Tioga counties for the past 12 months. In that time, we have worked with local partners to provide much needed support for fathers, father-figures, and youth in our community. Here is a look at our program “by the numbers”:

**Since July 1, 2016** the New Pathways for Fathers Program has served 241 fathers and families. We have conducted 164 workshop sessions on parenting, child development, healthy relationships, financial literacy, nutrition, domestic violence prevention, and more. We have visited with 83 schools, local agencies, and human service providers. We have invited 10 guest speakers to share their expertise with our participants, including attorneys, financial services professionals, and violence prevention educators. We have 100% championed the vital role dads play in the healthy development of their children.

In the coming year, we will continue to provide high quality programming for families. We also look forward to new opportunities to serve the re-entry population, veterans, and others. By popular demand, we will offer anger management and job readiness workshops. The more lives we touch, the greater impact we have on our community. As our numbers keep growing, we hope to see you in the next year. **For more information, or to get involved, please call Dan Lesch at 607-723-8313, ext. 838, or email [dlesch@familyenrichment.org](mailto:dlesch@familyenrichment.org).**

## Employee Spotlight



Jim Lucenti is a psychologist and behavior specialist for the special education department at Family Enrichment Network. He conducts psychological evaluations for preschool students in need of special education services. Jim also provides behavioral analysis and coaching to several families in the Broome-Tioga region.

Prior to starting at FEN, Jim has worked as a school psychologist and behavioral specialist for several school districts, private schools, and non-profit organizations. He is a public speaker and has presented to various groups on topics such as behavior analytics & management, anxiety in children, strategies for children with Autism, and psychological assessment. Jim and his wife Amy, also operate a Real Estate business through Keller Williams of Greater Binghamton. They assist families in the purchase and sale of residential properties. He is a father of two elementary age children. Their family has a yellow lab named Luke, who is certified as a therapy dog.

## FREE Summer Meals for Kids

The Summer Food Services Program offers children and their adult caregivers with nutritious meals while school is out; The 2017 Summer Food Services Program runs from July 5<sup>th</sup> –August 25<sup>th</sup>. Morning snack is served from 8:00 a.m. to 8:30 a.m. and lunch from 11:30 a.m. to 12:30 p.m. The menus appear below.

### Morning Snack Menu

Day	Snack
Monday	Cereal, 1% Milk
Tuesday	Graham Crackers, Peanut Butter, 1% Milk
Wednesday	String Cheese, Wholegrain Crackers, 1% Milk
Thursday	Cinnamon Raisin Bread w/ Butter, 1% Milk
Friday	Yogurt, Fruit Cup, 1% Milk

### Lunch Menu

Day	Weeks 1,3, and 5	Weeks 2 and 4
Monday	Meatball Sub on a Hot Dog Roll, Green Beans, Orange Slices, 1% Milk	Cheeseburger on a Bun, Corn on the Cob, Orange Slices 1% Milk
Tuesday	Chicken Tenders, Broccoli Salad, Wholegrain Bread, Watermelon, 1% Milk	Chicken Spiedies on Italian Bread, Broccoli Salad, Watermelon, 1% Milk
Wednesday	Sliced Ham and Cheese on a Sub Roll with Lettuce and Tomato, Tomato Soup, Plum, 1% Milk	Sliced Turkey and Cheese on Wholegrain Bread with Lettuce and Tomato, Vegetable Soup, Plum, 1% Milk
Thursday	Macaroni and Cheese; Tossed Salad; Bread Sticks; Banana; 1% Milk	Baked Ziti with Cheese, Tossed Salad, Bread Sticks, Banana, 1% Milk
Friday	Peanut Butter and Jelly on Wholegrain Bread, Sting Cheese, Mini Carrots and Dip, Grapes, 1% Milk	Peanut Butter and Jelly on Wholegrain Bread, Sting Cheese, Mini Carrots and Dip, Grapes, 1% Milk

*New York State Education Department in accordance with Federal Law and USDA policy is prohibited from discriminating on the basis of race, color, national origin, gender, gender identity, age, or disability.*



# TAKE ME OUT TO



# THE BALL GAME!



Join Family Enrichment Network for an evening of baseball and fun  
with the Binghamton Rumble Ponies!



## AUGUST 23

RUMBLE PONIES VS. FISHER CATS  
NYSEG STADIUM AT 6:30 PM



## TICKETS \$8

PROCEEDS TO BENEFIT  
FAMILY ENRICHMENT NETWORK  
PROGRAMMING IN BROOME,  
TIOGA AND CHENANGO COUNTIES

TICKETS MUST BE PURCHASED IN ADVANCE FROM  
FAMILY ENRICHMENT NETWORK

Contact Shannon Fallon at  
723-8313 ext. 847 or  
[sfallon@familyenrichment.org](mailto:sfallon@familyenrichment.org)





## A Note from Nurse Michelle

Approximately 14 million people will become newly infected with Human Papillomavirus (HPV) each year. HPV has no visible signs or symptoms, so its victims often aren't even aware that they have it. It can cause genital warts, anal cancer, cervical cancer, vulvar cancer and vaginal cancer. The possible effects of these cancers are infertility and death.

When do you teach your child to put on a bike helmet – before they get on the bike, while they are riding the bike in the street, when they see a car heading toward them, or after the car hits them?

As with all immunizations, the time to have your child vaccinated is before they get the disease. The HPV vaccines are most effective when given between 11 and 12 years of age. This is the time when children are receiving their Tdap and Meningococcal immunizations, so why not do them all together? Two doses of HPV vaccine are given 6 months apart. Rather than your child getting 3 shots at once, you can ask your Health Care Provider to give the Tdap and the first dose of HPV vaccine and the Meningococcal with the second. If you delay having your child immunized until they are 15 years or older, they will need 3 doses.

If you would like to research HPV for yourself, use reputable websites – the CDC, the American Academy of Pediatrics, the American Cancer Society. Much misinformation is being spread through social media and biased websites that contain few facts. It is in the best interest of your children to make knowledgeable decisions about their health

Submitted by Michelle M. Codner, RN, MS, Health Services Coordinator

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Jonathan Temte, University of Wisconsin School of Medicine and Public Health and Chair of the United States Advisory Committee on Immunization Practices

## Eat Play Grow

In 2015, Family Enrichment Network was awarded funding through Excellus Blue Cross Blue Shield to provide the Eat Play Grow project to child care programs in Broome, Chenango, and Tioga Counties through June 2017. As the program comes to an end, excellent work has been done to improve the nutrition and health education of preschool children in our community.

The Child Care Resource and Referral (CCR&R) Specialist has visited 21 programs throughout the 3 counties working with about 385 children. In these programs, she has helped turn art-making, storytelling, music, and movement activities into fun, hands-on educational lessons about the importance of making positive choices in areas that most affect health: nutrition, physical activity, and sleep. This project has helped teach positive messages about health in fun and engaging ways for the whole family and used art, literacy, math and physical activities to teach health content.

Overall, the child care programs were very excited for the Eat Play Grow project. The children are excited to see the CCR&R Specialist come to their program with more fun activities on health and nutrition. The teachers and providers are excited to learn and have expanded on the curriculum and activities provided.

### New Providers:

**Broome Child Care Center:**

**The Learning Ladder Child Care Center of Johnson City, Inc.**



During the EatPlayGrow curriculum lesson on gardening, children plant a bean seed. One of the family child care providers was able to grow the plant to replant outside on her patio for the children to watch grow and get a few beans.



The CCR&R Specialist models a physical activity for the provider and engages the children in movement activities while listening to music.



The EatPlayGrow curriculum uses many children's books to teach the lessons on healthy eating and exercise habits for life. The CCR&R Specialist models reading to the children for a family child care provider.

# BINGHAMTOWN



## 07.29.2017



Kansas City BBQ Society Competitors Series Contest



### 12-5 PM

\$20 admission includes:

**BBQ Cook-Off Competition and Tastings**

**Craft Beer Sampling**

**Cash Bars**

**Live Music All Day with:**

*The Bruce Beadle Band & Hi-Way Fruit Market*

For more information & to purchase tickets visit:

## [BINGBBQBASH.COM](http://BINGBBQBASH.COM)

All proceeds to benefit:





24 Cherry Street  
Johnson City, NY  
13790



We are a proud sponsor of Family Enrichment Network, and the positive changes they make in our community.

*Thank you  
for all you do!*

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### The Crescent Academy

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### Associates of Psychotherapy Welcomes MaryLou Popielarski, LMHC

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Space is now available to send your valuable message to OVER 1,000 community members.

“Blocks” approximately 2 1/2” x 3 1/2” are now available, become an advertising partner of Family Enrichment Network for \$15 per year, and receive 3 issues of “free” advertising.

For more information on available space or to set up your ad,

please call Laura at (607) 723-8313 Ext. 815.